

# Why a Motivational RN Health Coach?



It's a new day  
for your health.

Here's what people have had to say about Health Coaches trained and certified in motivational interviewing, just like your personal Health Coach from TrueLifeCare.

*"You were so kind and supportive...  
never judgmental."*

*"I now think before eating, and read labels.  
I have balance without sacrificing taste."*

*"I'm so excited to see the beneficial results in  
my own body!"*



Call today for more information or to sign up.

**Call now 1-888-788-4925**

**You now have access  
to new and valuable benefits.**

If you have diabetes you can...  
Feel Better. Work Better. Play Better.



**IT'S FREE!** But you must call  
**1-888-788-4925 to confirm.**

Find out more about TrueLifeCare now.

# You and your covered dependents are now entitled to receive these added **FREE** benefits through TrueLifeCare.

*Most people never get the full support they really need to be the best they can be.*

**Please call 1-888-788-4925 now.**

Millions of Americans nationwide live with diabetes, yet the truth has been that in today's standard system most people never get the full support they really need to be the best they can be. Now, you and your loved ones have TLC, a unique and supportive system of care that **really works**.

## **Here's a quick summary of your new FREE TLC benefits:**

- ▶ **Free glucose meter!**  
Imagine no more log book! You'll receive a new meter connected to mobile health technology...your personal and secure electronic log book.
- ▶ **Big Savings!**  
Testing supplies are conveniently delivered to your home with **free shipping and no co-pays**. You'll have more money in your pocket.
- ▶ **Free blood pressure cuff!**  
If you also deal with hypertension, you'll receive a free blood pressure cuff, also with mobile health connection.
- ▶ **Free meal plans**, delicious recipes, tips and more.
- ▶ **Free Motivational RN Health Coach!!**  
A great sports coach has a huge impact on helping you get the best out of your game. You'll have your own professional RN Health Coach! to help you be the best you can be. Your coach understands the complexities of diabetes as they relate to your situation. You'll love how he/she trains and motivates you toward better life with diabetes. Real support from a professional health coach and advisor.

**And don't worry, you can keep your doctor and everything is done to your physician's protocol.**

▶ **Please call 1-888-788-4925 now.**

